



*National Cadet Corps  
St. Bede's College, Shimla*

## **NCC ACTIVITIES 2017-2018**

### **NCC UNIT, ST. BEDE'S COLLEGE UNDER 1HP NAVAL UNIT BILASPUR**

#### **Essay Writing Competition**

25<sup>th</sup> August 2017:

An essay writing competition was held on the topic “How to Make India Clean” it was judged by Dr. Deepti and Dr. Geetanjali

- 1<sup>st</sup> position: Cadet Komal Choyal
- 2<sup>nd</sup> position: Cadet Ikshita and Cadet Niharika

#### **Selection Exam**

29<sup>th</sup> August 2017:

The officers from 1HP NCC Naval unit Bilaspur came for the selection process. Around 40 candidates appeared for an entrance test followed by an interview where only 8 cadets were selected.

The students selected were Garima Ahuja, Anushka Tomar, Pooja Singh, Pallavi Sharma, Gargi Sud, Sanchita Thakur, Anushka Sharma and Zeenat Brar.





## **Orientation Session**

13<sup>th</sup> September 2017:

Senior cadets conducted a class on naval orientation in which they discussed about organization of Naval Headquarters, Commands and Establishments of Indian Navy.



Classes of common subjects are conducted regularly, and the topics are divided among the college teachers.



## **Nutrition Literacy Activity**

20<sup>th</sup> November 2017:

NCC Cadets attended an interdisciplinary activity conducted by Dr. Anjali Dewan on Nutrition Literacy where she discussed about the importance of balanced diet, iodine deficiency, issues regarding food, health and diseases (obesity and malnutrition) as well as eating disorders.





## **Cleanliness Drive**

2<sup>nd</sup> December 2017:

Cadets participated in a cleanliness drive outside the college where they removed posters, pamphlets and bills sticking, they also picked the litter lying around.



## **Waste Management**

3<sup>rd</sup> December 2017:

A campaign on Waste Management through Vermicomposting at St. Bede's College was conducted. Cadets were taught how to decompose the organic waste using vermi composting method with the help of earthworms under Swachh Bharat Abhiyan.



## **Session on Environment Pollution**

4<sup>th</sup> December 2017:

An interactive session was taken by Ms. Reena Thakur, on environment pollution where she discussed about the causes, impact and measures taken to prevent air pollution and water pollution.



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### **Distribution of Clothes at School**

5<sup>th</sup> December 2017:

Cadets went to Govt. Middle School, Sanjauli which is adopted by the college along with Principal Dr. Sister Beena John. They distributed winter clothes and stationary items to the children. The fund was raised from the college students.



### **Armed Forces Flag Day**

7<sup>th</sup> December 2017:

Cadets collected fund for Armed Forces Flag Day from students and teachers of the college. A total of 16,000 was collected by them.





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## **Drill Practice**

9<sup>th</sup> December 2017:

Drill practices were conducted.



## **Poster Making Competition**

12<sup>th</sup> December 2017:

A poster competition was held in which cadets participated in pairs; the topic was Smart Shimla. A total of 5 posters were presented. Judges were Dr. Anjali Dewan, Dr. Deepti Pajni and Ms. Nandini Pathania.

- 1<sup>st</sup> position: Cadet Ikshita and Cadet Niharika
- 2<sup>nd</sup> position: Cadet Garima and Cadet Anushka



## **Seminar on 'Swacchta'**

13<sup>th</sup> December 2017:

A seminar was conducted on the topic "Swacchta" in which Dr. Anjali Dewan gave a lecture on cleanliness & swachh bharat abhiyan. She also talked about why personal hygiene is as important as keeping our surrounding clean.



## International Women's Day

8<sup>th</sup> March 2018:

On the occasion of Women International Day, a group discussion among the cadets was held in which they discussed various ways to spread awareness regarding early detection of breast cancer. The cadets took up social media as a medium to spread awareness about the same.



## Painting Competition

12<sup>th</sup> March 2018:

Painting Competition was held on the topic "Save Flora and Fauna for Better Health" where 9 cadets participated. Two students were shortlisted, and their painting was sent to the 1 HP Naval Unit NCC Bilaspur.

1<sup>st</sup> position- Cadet Pooja Singh

2<sup>nd</sup> position- Cadet Gargi Sud





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## **Bhim App**

28<sup>th</sup> March 2018:

Narendra Modi app and Bhim app was installed by the cadets and 10 other students of the college were also motivated to do the same.

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