

National Cadet Corps St. Bede's College, Shimla

NCC ACTIVITIES 2019-2020: 1HP Naval Unit NCC, Bilaspur

Mega Population Awareness Pakwada 13th July 2019:

A total number of 8 cadets participated in the "Mega Population Awareness Pakwada" a great success. The activities included were:

- A debate on Mega Population.
- A Nukkad Natak on the same theme.

The program ended with the quote, "<u>It starts with one earth, with one awakening, with one person, with one choice, with one action with one initiative, with one community and with one mind."</u>



Tree Plantation

23rd July 2019:

A tree plantation was done by the cadets of St. Bede's College at Bhattakufar, Shimla. Two types of trees were planted by the cadets namely <u>BLUE PINE</u> (*Pinus wallichiana*) and <u>HORSE CHESNUT</u> (*Aesculus indica*). At an average each cadet planted 4-5 trees in the given 1 hour. This event was carried out effectively in association with the NSS unit of St. Bede's College and the Forest Department of Shimla, H.P.



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Kargil Vijay Divas

26th July 2019:

20th Kargil Vijay Divas was celebrated at St. Bede's College. It was commemorated to honor the martyrdom and valor shown by the Indian Army during the Kargil War of 1999. The college Principal was escorted by Cadet. Pooja Singh and Cadet. Pallavi Sharma. There was a special ppt presentation by Cadet Anushka Tomar. The 1st year students volunteered to perform a skit on Capt. Vikram Batra. They depicted the capturing of Point 4875. Vote of thanks was given by PO Cadet Zeenat Brar.





Entrance exam

3rd July 2020:

An entrance exam was conducted for the college students by the NCC unit. A total of about 50 students appeared for the exam. Further, 30 students were shortlisted.



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Interview by Commanding Officer

1st August 2019:

The Commanding Officer Monica Singh had visited the college in order to interview and further cut select 12 candidates out of 30, the candidates first had to write a 15 marks exam followed by a physical test. Later, 20 students were selected and were interviewed by Commanding Officer Monica Singh, out of which only 12 were finally selected.





Swachh Bharat Internship Summer

3rd August 2019:

Under Swachh Bharat Internship Summer four activities were performed within a span of 50 hours.

- Promotion of Compost Pit
- Plastic Free Zone
- Door to door Campaign
- Awareness Campaign on Waste Management



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Tree Plantation

23rd August 2019:

A tree plantation was done by the Cadets of St. Bede's College in Navbahar, Shimla. Only one type of tree was planted by the Cadets namely Kaner (*Nerium* sp). About 10 trees were planted by the Cadets in the given 1 hour. This event was carried out effectively in association with the NSS Unit of St. Bede's College and the Forest Department of Shimla.



Awareness Raising Programme on HIV/AIDS

26th August 2019:

The Cadets of St. Bede's college, gave a presentation on HIV/AIDS in two schools, Portmore and Bharari Govt. schools. A total of 7 Cadets participated in this activity. The first presentation was given by Cdt. Sasha Seli, Cdt. Pronatti Wylie and Cdt.Bhakti Nehraik while the second presentation was given by Cdt. Chavi Tewari, Cdt. Arundhati Chandel, Cdt. Isha Seli and Cdt. Ankita Jamwal. The presentation was appreciated by the teachers as well as the students. Lastly, questionnaires were distributed and were filled up by the students in order to check the effectiveness of the campaign.



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Polybrick Initiative

11th September 2019:

20 Cadets of St. Bede's college started an activity to promote the harmful effects of plastic disposal and around. So, they decided to collect plastic wrappers inside plastic bottles which will help in making the retaining wall. 5 Cadets went for representing 1HP NU NCC Bilaspur at MC, Shimla. The health department of MC, Shimla acknowledged the efforts of the Cadets and entitled them as, "PIONEERS OF THIS GOVERNMENT INITIATIVE." The Chief Health Officer and the Commissioner (MC) highly appreciated the Cadets and also proposed an invitation to the Cadets at the House on 2nd October, 2019.



Training class

12th September 2019:

A training class was conducted by Mr. Puneet Kumar training officer 1HP Naval Unit NCC Bilaspur. It was attended by 18 NCC cadets of St. Bede's College Navbahar.



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Inspection by Commanding Officer

13th September 2019:

The Commanding Officer Lt.Col. D.S Thakur had visited the campus for a routine inspection and in order to meet the newly enrolled cadets. He motivated the Cadets and also gave them a piece of advice.









Inaugural ceremony and Mass pledge

17th September 2019:

The NCC Unit of 1 HP Naval Unit, Bilaspur inaugurated a Swachhta Pakhwada at St. Bedes's College for 14 days. The cadets presented a presentation illustrating the role of cleanliness in one's life. The cadets inaugurated the cleanliness drive by removing posters, pamphlets and bills sticking on the fence of the college and also picked the litter lying outside and inside the college premises. A mass pledge was also taken where the entire college students and



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teachers participated in making the city plastic free. The pledge that was taken was in Hindi.







Mass awareness rally. Phase I

18th September 2019:

An awareness rally related to swachhta was conducted at Halog, Dhami by the NCC cadets in which NCC cadets were accompanied by children of Dhami Public school. A village has been adopted by St. Bede's College at Dhami. A total of 13 cadets participated in this rally. Various slogans were spoken along with the posters related to Swachh Bharat. Our mission was to create awareness. Thus, the more the issue of swachhta is talked about, accurately, the more people will support the change that is needed. A small change by each one of us can encourage a lot many and make a huge difference in the country.







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Mass mobilization including MC

19th September 2019:

The cadets of St. Bede's College in collaboration with Municipal Corporation, Shimla engaged and motivated a wide range of partners and allies at national and local levels to raise awareness of and demand for a particular development objective through face-to-face dialogue. The cadets presented a Nukkad natak emphasizing the new intitiatives taken by MC, Shimla to keep Shimla green and clean. It was performed at Town Hall Shimla and The Rigde.





Lecture on the topic Swachhta

20th September 2019:

A lecture was delivered on the topic Swachhta in which CTO Dr. Shweta Thakur emphasized the role of cleanliness under Swachh Bharat Abhiyan. She also talked about the hazardous effect of polythene on ecosystem as it never gets degraded. She also explained how the plastic waste can be made into some resourceful products. On the same day, a competition was held where cadets made some useful items from plastic. The theme was "Best out of waste". It was a competition which was judged by the Principal of the college. Three best cadets were shortlisted, and they shall be rewarded on the NCC day.





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Nukkad Natak Phase I: Theme "Cleanliness, an individual's responsibility"

21st September 2019:

Nukkad Natak Phase I was performed at St. Bede's College, Bharari Government school and Govt. Model Senior Secondary Portmore School (Shimla). The Cadets performed a Nukkad Natak on Cleanliness depicting the role of an individual under Swachh Bharat Mission. The nukkad natak was enacted at Bharari Government School and Govt. Model Senior Secondary Portmore School (Shimla). The theme of Nukkad was Cleanliness, an individual's responsibility.







Govt School Bhran

Cleaning of Statues, Public parks and Historical monument

23rd September 2019:

Various public parks like Old Age Park (IGMC road), Children park (Sanjauli), Open gym park (Navbahar), Rani Jhansi park (Mall Road) and Daulat Singh Park (The Ridge) were cleaned by picking up the plastic bottles, wrappers and chip packets.

Public statues like Indira Gandhi Statue, Ridge, Mahatma Gandhi Statue, *Lala Lajpat Rai (Scandal Point)*, Rani Jhansi Statue (Mall Road) Dr *Yashwant Singh Parmar statue* (*Daulat Singh Park the* Ridge). The areas in and around Heritage monument Christ Church was cleaned by the cadets.



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Mass awareness rally. Phase II

24th September 2019:

An awareness campaign was performed. The theme of this campaign was Segregation of waste into the biodegradable and non-biodegradable category. Under this campaign Door to Door Campaign was performed at North Oak (Sanjauli), Rocky Knob (Upper Shangti area) and Forest Road, Navbahar (Shimla). The door to door campaign was done to spread awareness about Swachh Bharat Abhiyan, waste management, segregation of waste. A total of 13 cadets participated in this activity. The residents were asked to fill the questionnaires which consisted of 20 questions. The Cadets made the people aware about the five R's i.e. Refuse, Reduce, Reuse, Recycle, Rot, waste segregation into biodegradable and non-biodegradable category.



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Quiz competition at St. Bede's College

25th September 2019:

The Quiz competition was conducted on Swachh Abhiyan in the college auditorium, in which all the teachers and students actively participated. A total of thirty questions were asked by Cadet Anushka Tomar and the volunteers who answered the questions were felicitated by a token of appreciation. This quiz was organized in order to aware everyone about Swachh Bharat Mission and the role of an individual towards this mission.



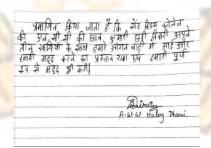


Cleaning of local PHC at Dhami.

26th September 2019:

The cadets made people of Genichi, Dhami aware about cleanliness of their Anganwadi centers. The cadets along with the villagers cleaned the Anganwadi centers and PHC at Dhami. The cadets also helped the managed workers in immunization programmes.





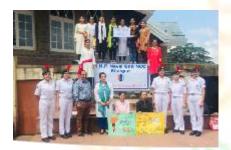


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Nukkad Natak Phase II at Ridge and Town Hall

27th September 2019:

The Cadets performed a Nuked Natak on Cleanliness depicting the role of an individual under Swachh Bharat Mission. The Nukkad Natak was enacted at Amphitheatre (The Ridge) and Town Hall, Shimla. The theme of Nukkad was Segregation of Waste into different color dustbins.





Cleaning of St. Bede's College Campus

28th September 2019:

NCC cadets of St. Bede's College started an activity to promote the harmful effects of plastic disposal in and around, so they decided to collect plastic from the college campus in plastic bottles which will help in making the retaining wall. The cadets inspected the college canteen and hostel mess and asked them to restrict the use of plastics and make the college campus plastic free.







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Plastic Free Campus

30th September 2019:

Keeping the mind, the hazardous effect of plastics, NCC cadets of St. Bede's College started an activity where they decided to collect plastic in plastic bottles which shall be used in making the retaining wall, tarring of roads and fuel. All 20 cadets participated in this activity by collecting the plastics in plastic bottles and 5 Cadets of St. Bede's College represented their initiative at DC, Office. The health department of Municipal Corporation Shimla acknowledged their efforts and termed them as the Pioneers of this Government initiative. The Chief Health Officer and the Commissioner (MC) showered the team with great appreciation and also proposed an invitation to them at the House on October 2, 2019.







Grand Finale at Ridge

2nd October 2019:

THE NCC UNIT OF 1HP NAVAL UNIT NCC BILASPUR with CTO Dr. Shweta Thakur were invited to the State Event commemorating the 150th Birthday of Mohandas Karamchand Gandhi. An initiative recently taken by MC Shimla in which the masses were asked to collect all used plastic in plastic bottles and thereby they will be given Rs. 75 for every 1 KG i.e. known as the Poly Brick Initiative. The cadets actively participated in the activity under the supervision of their CTO and were successful in being the Pioneers of this Initiative, also they presented a Nukkad Natak on the Swachh Bharat Abhiyan in and around the city. They got felicitated for their efforts by the Hon'ble Chief Minister of HP - Shri Jairam Thakur.



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Cadets being felicitated by Hon'ble Chief Minister of HP - Shri Jairam Thakur.

Seminar organized by the MC Shimla on Disaster Management.

11th October 2019:

The NCC students were invited for a seminar organized by the MC Shimla on disaster Management. The NCC students along with some other students from various schools and colleges started with a rally from DC office towards the Gaiety Theatre where the seminar was to be given. After the seminar there was also a workshop carried out on hands on safety by the Himachal Pradesh Disaster Management Authority thereafter refreshments were provided to the schools and colleges who attended the seminar.







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Poster Making Competition on the topic "Clean India of my Dreams" at Dhami Public School

20th October 2019:

4 cadets of 1HP NCC unit Bilaspur of St. Bede's College went to Dhami Public School to conduct a poster making competition on the topic "Clean India of my dreams", the topic was explained to the students and they were asked to make poster's using their imagination on the same .The competition was open to students of class 1 to 10 .The students were given 2 hours to make their posters and their enthusiasm was commendable. The first three winners of the competition were acknowledged with gifts while the 4th 5th and 6th position holders were given chocolates.





NCC Day Celebration: Drill

6th November 2019:

NCC day was celebrated at St. Bede's College, Shimla in two phases. A drill was conducted by the Cadets. The commander of the drill was Cadet Pallavi Sharma. The drill was inspected by the college principal Ms. Nandini Pathania.







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NCC Day Celebration: Felicitation of the cadets

7th November 2019:

The felicitation of the cadets and college students was done who had participated in various events conducted by NCC unit, St.Bede's College. The chief guest for this event was Mr. V.K. Sanoria, Associate Professor, St. Bede's College. A patriotic song was presented by the cadets. An annual report of NCC activities was presented by Cadet Anushka Sharma and Cadet Chavi Tewari. CTO Dr. Shweta Thakur, Ms. Anuja Sharma, Dr. Shramja Munjal congratulated the cadets for the event.





Poster Making Competition on the topic "Clean India of my Dreams" at St. Bede's College

21st November 2019:

A poster making competition was conducted on the topic "Clean India of my dreams". The competition was open to all the students of St. Bede's College. The enthusiasm of the students was commendable.





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Cleanliness Drive: Theme, "Mera Shehar Saaf Ho Isme Sabka Haath Ho"

13th December 2019:

A cleanliness drive was inaugurated with the theme, "Mera Shehar Saaf Ho Isme Sabka Haath Ho". They cleaned the areas in and around the college. Each cadet did their task properly and with utmost sincerity. They also spread awareness about the same. The main focus of the drive was on ONE INDIVIDUAL MAKING A DIFFERENCE.





Talk on "Green City, Clean City My Dream City at Dhami 15th December 2019:

A talk was conducted, where they elucidated the importance of first keeping our city clean. The theme for the talk was "Green City, Clean City My Dream City." The cadets imparted this information to the students of adopted school at Dhami. The students showed great enthusiasm and gave their positive suggestions for the same.







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AIATC, Ezhimala, Kannur, Kerela

9th January 2020:

In January 2020, two cadets PO Cadet Zeenat Brar and Cadet Gargi Sud of St. Bede's College attended AIATC which was held in Kerala. The camp was conducted at the Indian Naval Academy, Ezhimala, Kannur, Kerela from 9th Jan 2020 to 20 Jan 2020. Commander MP Ramesh was the camp commandant for this camp. There were various activities in which the cadets took part. PO Cadet Zeenat Brar took part in group dance, boat pulling and drill. Cadet Gargi Sud took part in group dance, group song, drill and tug of war and also participated in the final cultural program that took place in INA Ramanujan auditorium. Cadets also visited various places in Kerala and were privileged to visit the Indian Naval Academy as well.



Awareness Raising Campaign at IGMC, Shimla

9th February 2020:

The 12 Cadets cleaned the areas in and around IGMC Hospital, Shimla and also tried to spread awareness about the same. The main focus of the drive was on ONE INDIVIDUAL MAKING A DIFFERENCE.



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Cleanliness Drive

10th February 2020:

A Cleanliness drive was conducted for the cleaning of 3 parks namely The Old Age park, IGMC; Children park, Sanjauli, Gym Park, Navbahar. 12 Cadets actively participated in this drive. The Cadets were divided into 3 group of 4 Cadets each.



Mass Awareness Cleanliness and Hygiene Rally

13th February 2020:

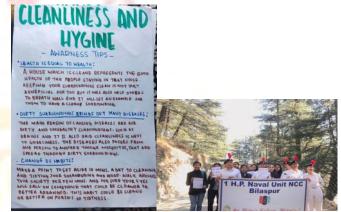
The cadets of St. Bede's college, Shimla went for the mass awareness cleanliness rally. The cadets spread the awareness regarding the hazards of litter in the ecosystem and how it is affecting our water ecosystem. Some



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measure to conserve water was also spread around. The cadets distributed pamphlets to the people in order to spread awareness regarding cleanliness and hygiene.

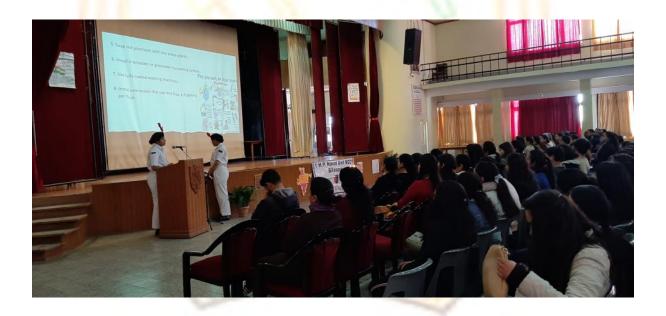




Talk on "Save the environment by preserving our water resources" at St. Bede's College

20th February 2020:

A talk was conducted, where cadets elucidated the importance of first keeping our city clean. The theme for the talk was "Save the environment by preserving our water resources." The students of the College also interacted with the cadets with great enthusiasm and gave their positive suggestions for the same.





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Curfew Awareness

20th March 2020:

Cadets made people aware about the Janta curfew through various social media platforms.



AAROGYA SETU APP

21st April 2020:

All the cadets downloaded the Aarogya Setu app and encouraged others to do so too.



