



St. Bede's College, Shimla

NAAC Accredited "A+" Grade Institution

NavBahar, Shimla, Himachal Pradesh

Website: www.stbedescollege.in

Email: recruitbedes@gmail.com

Recruitment Criteria for the post of Assistant Professor of Physical Education (College Cadre):-

1. Master's Degree in Physical Education or Master's Degree in Sports Science with at least 55% marks or an equivalent grade in a point scale wherever grading systems followed with a consistently good academic record.
2. Record of having represented the University / College at the inter-university / inter-college competitions or the State and / or National championships.
3. Qualifying the national level test conducted for the purpose by the UGC or any other Agency approved by the UGC.
4. However, candidates, who are, or have been awarded Ph.D. degree in accordance with the "University Grants Commission" (Minimum Standards and Procedure for Award of Ph. D Degree), Regulations 2009, shall be exempted from the requirement of the minimum eligibility condition of NET/ SLET/ SET for recruitment and appointment of Assistant Professor Physical Education.
5. Passed the Physical Fitness Test conducted in accordance with the provisions as under:-

PHYSICAL FITNESS TEST NORMS:

- a. Subject to the provisions of these Regulations, all candidates who are required to undertake the physical fitness test shall be required to produce a medical Certificate certifying that he/she is medically fit before undertaking such tests.
- b. On production of such certificate mentioned in sub-clause (a) above, the candidate would be required to undertake the physical fitness in accordance with the following norms:-
(Please refer to the attached image)

NORMS FOR MEN			
12 MINUTES RUN / WALK TEST			
Upto 30 years	Upto 40 years	Upto 45 years	Upto 50 years
1800 meters	1500 meters	1200 meters	800 meters
NORMS FOR WOMEN			
08 MINUTES RUN / WALK TEST			
Upto 30 years	Upto 40 years	Upto 45 years	Upto 50 years
1000 meters	800 meters	600 meters	400 meters

The President
St. Bede's Educational Society
Nav Bahar, Shimla
Himachal Pradesh

